



January 2017

Dear HAALo Hands medicine growing family,

We understand that winter does not necessarily mean time off for farmers and gardeners across the country. The crops may be out of the fields, but there are still plenty of chores and catching up after harvest season and preparations for the 2017 growing season. It is during this time that we hope you are planning your continued support and participation in our HAALo Hands journey, ensuring our community a continual, fresh and organic supply of herbs!

We want to personally extend a heartfelt thank you and gratitude to our farmers, master gardeners and hobby gardeners who partnered with us in 2016, providing HAALo and our customers with the highest quality herbs available locally. We cannot overemphasize the importance of grassroots farming to ensure local supplies of organically grown herbs to keep our community healthy.

Going forward we continue to be committed to building a sustainable network where farmers are compensated fair wages and customers are provided with first rate herbs. And we are all rewarded with a supportive and flourishing local economy through our combined and continued efforts and support.

We also want to thank Kaya Hunnybee for administrating this program throughout 2016. Without her and Juju Urcis putting in the ground floor infrastructure, I would not be able to now take the next *gigantic step* into community wide herbal growing a deep heartfelt THANK YOU.

We would also like to introduce Shauna McKenna who will be taking over as the Helping Hands Coordinator. Shauna has developed and delivered services and programs for the South San Mateo County farmers and it was during those 18 years of rural living where she gained authentic farming experiences and awareness of the connections between people and nature. One of her many passions is for plants, their medicine and the transformations and support they inspire and provide in us. She is delighted and excited to join in the efforts of bringing HAALo's 2017 vision of providing high quality, sustainable local herbs to our community and we are thankful to have her on our team.

If you would like to continue or begin to be a HAALo Hands partner, please complete the HAALo Hands Application found on our website at www.HAALo.org/Farmers and submit it to getyourhandsdirty@haalo.org. Also on our website you will find the list of herbs we need, herb processing tips and the Certificate of Origin for your grow. If you have any questions, please do not hesitate to call the Shoppe at (530) 265-8804.

Sincerely,

Shea Smith

Shea Smith
Owner

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